

# ELEMENTARY SCHOOL LUNCH MENU

## Monday

Chicken Nuggets & Whole Grain Roll  
Chicken Caesar Salad  
Hummus & Veggie Wrap

Applesauce Cup  
Steamed Broccoli  
Fresh Side Salad  
Fresh Fruit  
Non - Fat & Low - Fat Milk

## Tuesday

All Beef Burger on WG roll w/Cheese  
Turkey Wrap  
Uncrustable Kit

Raw Veggie Cup w/ Ranch  
Pineapple Cup  
Sweet Potato Fries  
Fresh Fruit  
Non - Fat & Low - Fat Milk

## Wednesday

French Toast Sticks w/ Turkey Sausage  
Chef Salad  
Muffin & Yogurt Pack

Orange Juice  
Hash Brown Rounds  
Fresh Side Salad  
Fresh Fruit  
Non - Fat & Low - Fat Milk

## Thursday

Bone In BBQ Chicken w/ Dinner Roll  
Turkey Hoagie  
Uncrustable Kit

Craisins  
Baked Beans  
Seasoned Corn  
Fresh Fruit  
Non - Fat & Low - Fat Milk

## Friday

Cheese Filled Breadsticks w/ Marinara  
Deli Wrap  
Veggie Cobb Salad

Baby Carrots & Dip  
Orange Slices  
Fresh Fruit  
Fresh Side Salad  
Non - Fat & Low - Fat Milk

# ELEMENTARY SCHOOL BREAKFAST MENU

## Monday

Oatmeal Bar  
Orange Juice  
Fresh Fruit  
Non Fat & Low Fat Milk

## Tuesday

Low - Fat Yogurt Parfait with Granola  
Apple Slices  
Fresh Fruit  
Non Fat & Low Fat Milk

## Wednesday

Egg & Cheese on English Muffin  
Apple Juice  
Fresh Fruit  
Non Fat & Low Fat Milk

**Variety of  
Cereal  
Offered  
Daily!**

## Thursday

Whole Grain Muffin & Cheese Stick  
Orange Slices  
Fresh Fruit  
Non Fat & Low Fat Milk

## Friday

Mini Pancakes  
Orange Juice  
Fresh Fruit  
Non Fat & Low Fat Milk